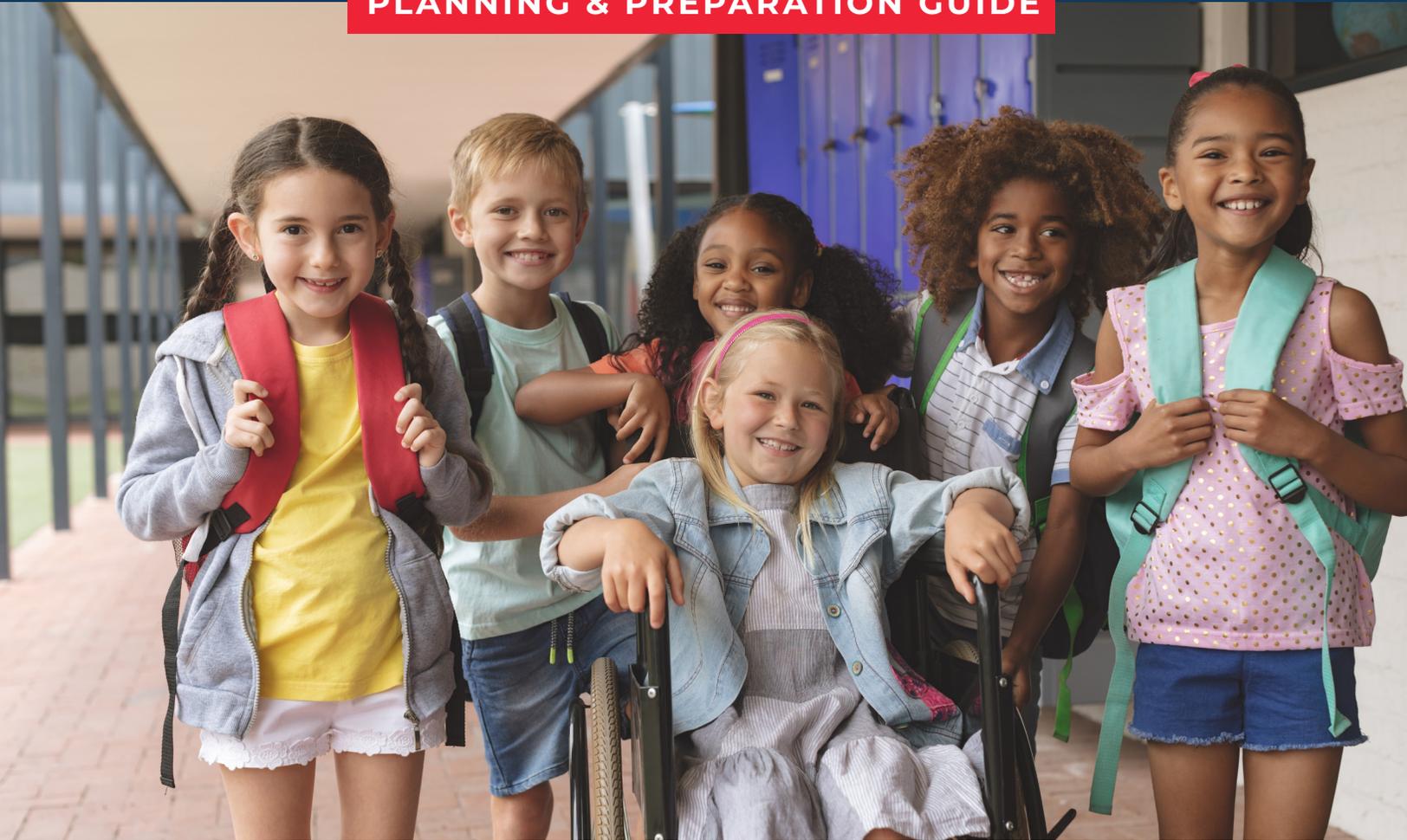




# ESPECIALLY SAFE®

**An Inclusive Approach to Safety  
Preparedness in Educational Settings**

**PLANNING & PREPARATION GUIDE**



**JEFFCO/DEANGELIS™**  
FOUNDATION

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**For Josephine, who inspires us to ensure that  
everyone is safe and sound.**

# ACKNOWLEDGEMENTS

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# INTRODUCTION

On December 14, 2012, my youngest daughter, Josephine Grace, died in the tragedy at Sandy Hook Elementary. Joey was an extraordinary child in so many ways. Her amazing energy, beautiful smile and kind spirit made her loved by all who knew her. She also had many “special needs” as a student with autism, apraxia of speech, gross motor impairment, and other developmental disorders. We like to say that she was “especially special.”

Since Joey’s death, I’ve built a legacy in her honor – a mission to improve the safety of our school communities, ensuring that children like Joey grow up to be the amazing people they were meant to be. As the old saying goes, “Hindsight is 20/20.” Of course, with hindsight comes foresight. And with foresight comes a responsibility to do better based on lessons from the past. One of the most important lessons we have learned from both manmade and natural disasters is that individuals with “special needs,” or “access and functional needs” as defined by the Federal Emergency Management Agency (FEMA), are among the most vulnerable and, tragically, often forgotten in the planning process. In fact, as we began this project, it became clear that many individuals in our schools and educational settings are overlooked in the safety planning process – individuals with trauma experience, minority groups, vulnerable populations, and individuals with temporary mobility challenges like a broken leg, for example.

We created this guide and its companion Teaching & Training Guide, to help safety planning teams identify resources and problem solve challenges in order to address the safety and security needs of all community members. As parents, educators, staff, leaders, health, mental health, and safety professionals, you know the needs of the individuals on your campus and in your community better than anyone. Whether considering a grandparent in a wheelchair at graduation, an expecting teacher, a student, like Joey, with an Individualized Education Plan (IEP), or a staff member with PTSD, it is our desire for this guidance to support the efforts of planning teams to design and develop emergency operation plans that are inclusive of all community members. It is our aim to move the safety of students, staff, and community members with special needs from afterthought to the forefront of emergency planning and preparation.

Through inclusive planning, we can create a culture of safety and security our children, students, parents, and staff can count on regardless of the emergency. We can achieve this by working together on behalf of all.

We appreciate your dedication and thank you for your support of our mission to protect every school and every student, every day.



Michele Gay  
Founder and Executive Director  
Safe and Sound Schools

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# STATEMENT OF PURPOSE

## Cassidy's Story

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Students and teachers across the country participate in anywhere from **3-12 safety drills per school year**. Most students and families take for granted their ability to safely evacuate in case of a fire. Though many students, like Cassidy Scott, are literally left behind in the process. During an emergency evacuation at her school in 2017, Cassidy's teachers followed the plan as directed by local fire and school authorities. Her peers and teachers evacuated the building, while the physically and intellectually disabled middle-schooler was moved in her wheelchair to a stairwell, a designated area of refuge to await rescue – alone. While Cassidy was physically unharmed in the crisis, the experience was understandably traumatic for Cassidy, her family, and her teachers. After the experience, her mother worked with school, safety, and government leaders to pass a state law requiring specific safety plans for students like Cassidy.





The primary purpose of this document is to ensure that safety planning teams develop strategies to meet the diverse safety needs of all stakeholders within the educational community.

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As planning teams engage in the development of emergency operations plans (EOPs) to cover all hazards (fire, active assailant, weather, etc.) and all phases (prevention, protection, mitigation, response, and recovery) of emergency management, it is equally important to ensure that EOPs serve all members of the community. Furthermore, federal regulations apply to all members of a community equally, including vulnerable populations within the community (e.g., people with temporary or permanent access and/or functional needs, pregnancy, English Language Learners, minority groups, etc). By law, these individuals and/or groups of people must be considered **AND** accommodated as part of any planning process that is supported with federal funding. Likewise, these groups and individuals are not to be treated as separate from the general safety planning process.

According to the [National Center for Education Statistics](#), roughly **7.3 million students receive special education services**. It is important to note that this number does not reflect the millions of other students, staff, and visitors with support needs. However, it does point to the fact that there are many more students, staff, and community members like Cassidy in America's educational settings. We have a responsibility to ensure every one of them is safe and sound. The purpose of this guide is to support the work of planning teams to ensure the safety of all community members. Through deep and meaningful collaboration, safety teams can better prepare for the safety and security of everyone who sets foot on our campuses.

# LEGAL REFERENCES

The following represents a comprehensive list of relevant laws, acts, regulations, and policy guidance that underpin the rights of individuals with access and functional needs as well as the responsibilities of decision-makers to protect, support, and empower them.

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## FEDERAL LEGAL REFERENCES

### Top Education-Related Legal References

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**Americans with Disabilities Act (ADA), as amended.** Prohibits discrimination on the basis of disability in schools, workplaces, and public places. It recognizes and protects the civil rights of people with disabilities. The law covers physical mobility, stamina, sight, hearing, and speech, and conditions such as emotional illness and learning disorders. It addresses access to the workplace, state and local government services, places of public accommodation and commercial facilities, and telecommunications for people who have hearing or speech impairment through telecommunications relay services. The following website has links to more information: <https://www.ada.gov/cguide.htm#anchor62335>.

**Section 504 of the Rehabilitation Act of 1973.** Prohibits discrimination on the basis of disability at schools that receive federal funding. The following link has more information: <https://www.dol.gov/agencies/oasam/centers-offices/civil-rights-center/statutes/section-504-rehabilitation-act-of-1973>

**Individuals with Disabilities Education Act of 1990 (IDEA).** IDEA establishes the rights of students with disabilities to a free, appropriate public education in the most integrated setting possible. It sets forth a process where parents and schools work together to design individualized education plans (IEPs) for students with disabilities. For more information visit: <https://sites.ed.gov/idea/>.

### Other Applicable Policies

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**Architectural Barriers Act.** Requires buildings constructed by the federal government or with federal funding be accessible to people with disabilities.

The law resulted in the first set of standards for the removal of architectural barriers. <https://www.access-board.gov/aba/>

**National Fire Prevention Association (NFPA) Codes and Standards.** NFPA is widely known as a codes and standards organization. NFPA has 300 codes and standards designed to minimize the risk and effects of fire by establishing criteria for building, processing, design, service, and installation around the world. The more than 250 technical committees, comprised of approximately 9,000 volunteers, review public input and vote on the revisions in a process that is accredited by the American National Standards Institute. National Fire Protection Association Codes and Standards: <https://www.nfpa.org/Codes-and-Standards/All-Codes-and-Standards/List-of-Codes-and-Standards>

**The Uniform Federal Accessibility Standards (UFAS).** Ensures access to the built environment for people with disabilities. The law requires that buildings or facilities that were designed, built, or altered with federal dollars or leased by federal agencies after August 12, 1968, be accessible. It covers U.S. Post Offices, Veterans Affairs Medical Facilities, National Parks, Social Security Administration Offices, Federal Office Buildings, U.S. Courthouses, and Federal Prisons. It also applies to non-government facilities that have received federal funding, such as certain schools, public housing, and mass transit systems.

**Americans with Disabilities Act Accessibility Guidelines (ADAAG) (as amended 2002).** Applies enforceable accessibility standards to buildings and facilities. <https://www.ada.gov/ta-pubs-pg2.htm>

**Civil Rights Act.** Outlaws discrimination based on race in federally funded programs and in public accommodations and employment. While this law did not specifically apply to persons with disabilities, it served as a framework for future legislation.

**Section 508 of the Rehabilitation Act of 1973.** Required increased access to electronic and information technology for people with disabilities. This law provided for changes in the federal purchasing of information technology and increased access to federal internet sites.

**Common Alerting Protocol (CAP).** The CAP standard provides an opportunity to improve emergency alert information delivery to people with disabilities and others with access and functional needs. CAP alerts can transport rich multi-media attachments and links in alert messages. The use of CAP enables industry partners to develop content and/or devices that can be used by people with disabilities and others with access and functional needs to receive emergency alerts.

**The Integrated Public Alert and Warning System (iPAWS)** was established under Executive Order 13407. iPAWS provides the capability to notify the public of impending natural and human-made disasters, emergencies, and public safety information. In a national emergency, the president may use iPAWS to communicate to the public as well.

**Assistive Technology Act of 1998, as amended.** Improves the provision of assistive technology through statewide programs of technology-related assistance for people with disabilities.

## Relevant Emergency Management Policies

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- [Executive Order 13347 – Individuals with Disabilities in Emergency Preparedness](#)
- [Robert T. Stafford Disaster Relief and Emergency Assistance Act of 1988](#)
- [Post-Katrina Emergency Reform Act 2006](#)
- [National Incident Management System \(NIMS\)](#)
- [Homeland Security Act of 2002](#)
- [Homeland Security Presidential Directive 5](#)



# DEFINITIONS

## **Access and Functional Needs (AFN):**

According to the Federal Emergency Management Agency (FEMA), needs for assistance due to any condition (temporary or permanent) that limits an individual's ability to act. To have access and functional needs does not require that the individual have any kind of diagnosis or specific evaluation. Individuals having access and functional needs may include, but are not limited to, individuals with disabilities, seniors, and populations having limited English proficiency, limited access to transportation, and/or limited access to financial resources to prepare for, respond to, and recover from an emergency.

**Accommodations:** For the purposes of this guide, the term "accommodations" refers to any changes or modifications to standard emergency planning that are necessary to support the physical and/or psychological safety of an individual.

**All-Hazards:** Emergency operations planning term referring to planning for all foreseeable safety hazards specific to a community (i.e. fire, weather, active assailant, earthquake, etc).

**Americans with Disabilities Act (ADA):** Signed into law on July 26, 1990, the ADA is a wide-ranging civil rights law that prohibits, under certain circumstances, discrimination based on disability. It affords similar protections against discrimination to Americans with disabilities as the Civil Rights Act of 1964, which made discrimination based on race, religion, sex, national origin, and other characteristics illegal.

## **Autism Spectrum Disorder (ASD):**

According to the National Institute of Mental Health, Autism spectrum disorder (ASD) is a developmental disorder that affects communication and behavior. It is said to be a "developmental disorder" because symptoms generally appear in the first two years of life. According to the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), a guide created by the American Psychiatric Association, people with ASD have difficulty with communication and interaction with other people, restricted interests and repetitive behaviors, and symptoms that hurt the person's ability to function properly in school, work, and other areas of life. Autism is known as a "spectrum" disorder because there is a wide variation in the type and severity of symptoms people experience. ASD occurs in all ethnic, racial, and economic groups. Although ASD can be a lifelong disorder, treatments and services can improve a person's symptoms and ability to function.

**Blindness or Low Vision:** Vision function is classified into 4 broad categories, according to the International Classification of Diseases-10 (Update and Revision 2006): normal vision, moderate vision impairment, severe vision impairment, and blindness. Moderate vision impairment combined with severe vision impairment are grouped under the term 'low vision': low vision taken together with blindness represents all vision impairment.

**Chronic Health Conditions:** For the purposes of this guide, "chronic health conditions" refers to long-term health conditions that require consideration in emergency planning, such as, but not limited to, asthma, diabetes, allergies, and seizure disorders.

**Cognitive Disability:** A disability characterized by significant limitations in both cognitive functioning and in adaptive behavior, which covers many everyday social and practical skills.

**Cognitive Functioning:** Also called intelligence – refers to general mental capacity, such as learning, reasoning, problem-solving, and so on. One way to measure intellectual functioning is through an IQ test. Generally, an IQ test score of 70-75 or below indicates a limitation in cognitive functioning.

**Deafness and Hearing Loss:** A person who is not able to hear as well as someone with normal hearing – hearing thresholds of 25 dB or better in both ears – is said to have hearing loss. Hearing loss may be mild, moderate, severe, or profound. It can affect one ear or both ears and lead to difficulty hearing conversational speech or loud sounds. 'Hard of hearing' refers to people with hearing loss ranging from mild to severe. People who are hard of hearing usually communicate through spoken language and can benefit from hearing aids, cochlear implants, and other assistive devices as well as captioning. People with more significant hearing loss may benefit from cochlear implants. 'Deaf' people mostly have profound hearing loss, which implies very little or no hearing. They often use sign language for communication and other methods of communication such as speedreading, or captioning.

**Developmental Disabilities:** Are a group of conditions due to an impairment in physical, learning, language, or behavior areas. These conditions begin during the developmental period, may impact day-to-day functioning, and usually last throughout a person's lifetime.

**Disability:** A physical or mental condition that substantially limits one or more major life activities, a record of such a condition, or being regarded as having such a condition.

**Educational Setting:** Any educational institution, school, preschool, summer school, camp, or special education facility that provides education or educational activities.

**Emergency Operations Plan (EOP):** For the purposes of this guide, an EOP is a document that assigns responsibility to organizations and individuals for carrying out specific actions at projected times and places in an emergency on campus or in an educational setting; it is oftentimes referred to as the crisis plan.

**Emergency Management:** As defined by the Federal Emergency Management Agency's, (FEMA) five core mission areas: Prevention, Protection, Mitigation, Response, and Recovery.

**Individualized Education Program (IEP):** A legal document under United States law that is developed for each public school child in the U.S. who needs special education services. It is created through a team process including the child's parent or guardian and district personnel who are knowledgeable and have expertise about the child's needs.

**Individual Safety Plan (ISP):** A planning document used by safety planning teams to guide, plan, and prepare for the safety of an individual with access and functional needs in an educational setting.

**Individual with a Disability:** A person who has a physical or mental condition that substantially limits one or more of the major life activities of such individual, or a record of such a condition or is regarded as having such a condition.

**Medical Health Needs:** For the purposes of this guide, 'medical health needs' refers to specific medical needs that require consideration in emergency planning, such as, but not limited to, nebulizer treatments, tube feeding, suction treatment, oxygen, epinephrine auto-injector, inhalers, or other medical treatments required to maintain the health of an individual in the educational setting.

**Mental Health Disorders:** For the purposes of this guide, 'mental health disorders' are defined as a broad category of mental health conditions which require consideration in emergency planning, such as, but not limited to, anxiety disorders, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), Bipolar Disorder, Depression, Disruptive Mood Dysregulation Disorder, and Post Traumatic Stress Disorder.

**Mobility Disability:** Mobility disabilities range in severity from limitations of stamina to paralysis. Some mobility challenges are caused by conditions present at birth, while others are the result of illness or physical injury. Some types of mobility challenges are caused by spinal cord injury. Other causes include amputation, arthritis, back disorders, cerebral palsy, neuromuscular disorders, and fibromyalgia, among others.

**Safety Planning Team:** A site-specific (e.g. school, camp, daycare, or other educational setting) team responsible for the development and oversight of the Emergency Operations Plans and related activities and responsibilities.

**Special Needs:** A general term often used in educational settings to describe any physical, developmental, mental, sensory, behavioral, cognitive, or emotional challenge or limiting condition that requires medical management, health care intervention, and/or use of specialized services, supports, or programming. Care for individuals with special needs in educational settings requires specialized knowledge acquired by additional training, increased awareness, and attention, as well as adaptation and accommodative measures beyond what are considered routine. For the purposes of this guide, the term access and functional needs includes special needs.

**Speech or Language Disability:** A communication disorder that adversely affects a child's ability to talk, understand, read, and write. This disability category can be divided into two groups: expressive language impairments and receptive language impairments.

**504 Plan:** A plan developed to ensure that a child who has a disability identified under the law and is attending an elementary or secondary educational institution receives accommodations that will ensure their academic success and access to the learning curriculum and environment.

# KEY CONSIDERATIONS FOR INCLUSIVE SAFETY PLANNING

## Ask the experts.

- Include individuals with access and functional needs (as appropriate) and/or parents/guardians/caregivers in planning for safety needs.
- Include general educators, special educators, school psychologists/mental health and/or related support staff in safety planning.
- Transportation, school resource officers, nurses, emergency responders, facilities, and custodial staff are especially important to include in crisis planning for individuals with access and functional needs.
- Local disability advocacy organizations, community-based experts, architects, and designers.

## Think (and plan) ahead.

- Adopt a proactive approach to preparedness in order to avoid a reactive response to a crisis. Through careful planning and thinking ahead, multi-disciplinary safety teams can anticipate potential hazards, crisis scenarios, and individual needs well before an emergency unfolds.
- Utilize opportunities for regular staff training, planning meetings, tabletop exercises, and to support a proactive approach to safety for all community members.
- Include critical stakeholders such as bus drivers, cafeteria staff, nurses, first responders, facilities and custodial staff in planning, training, and practice wherever possible in order to develop a proactive team approach.

## Individual people have individual needs.

- Individuals with access and functional needs are all unique and therefore have unique needs that must be considered in planning for safety. Again, it is essential to include individuals (when appropriate), parents and guardians, and educators in planning for individual needs.
- Each individual with access and functional needs—whether short-term or ongoing—requires a unique crisis plan or Individual Safety Plan (ISP) designed to address his/her/their specific needs for all identifiable hazards (See the Inclusive Safety Planning section of this guide).

- In addition to specific emergency actions, ISPs should include any specific teaching, training, tools, and/or strategies required to prepare and support the individual for all hazards (See companion Especially Safe Teaching and Training Guide resources).
- Individuals with ISPs must be provided multiple opportunities to prepare, practice, and drill for a variety of crisis scenarios.

### **Individualized Education and 504 Planning provides a scheduled opportunity to incorporate safety goals and develop and review ISPs.**

- For individuals with Individualized Education Plans (IEPs), crisis plans and instructional goals may be incorporated into the IEP or developed as a separate Individual Safety Plan (ISP).
- It is important to note that every individual with an IEP or 504 Plan does not necessarily require an ISP. The needs of each unique person (with or without an IEP or 504 Plan) must be evaluated and planned for individually.

### **Needs of individuals change.**

- Consider temporary disabilities (e.g. sprained ankle, concussion, etc.), emerging issues (e.g. newly developed sensitivities, recent trauma exposure), new/updated diagnoses and conditions (e.g. pregnancy, asthma, seizure disorder, hearing impairment, PTSD), as well as increasing or decreasing levels of cognitive and/or physical capability of individuals when planning for safety.
- For individuals with an ISP due to temporary accessibility or functional needs (e.g. broken leg and needs crutches for a limited period, thus not on an IEP or 504), it is essential to plan for periodic review of the ISP to address any changes in status or as directed by the individual's physician.
- ISPs must be updated as needed, and at a minimum, annually. Safety planning teams should coordinate individual assessments of individual needs for the development and updating of ISPs in conjunction with Individual Education Planning (IEP/504 planning) meetings.

### **Staff should be trained and have access to equipment and supplies necessary to enact ISPs.**

- Staff members (including substitute teachers, bus drivers, aides, etc.) who work with or near individuals or other staff members with an ISP should have access, training, and equipment, and supplies necessary to enact ISPs.
- It is recommended that ISPs are carried by or located near individuals or staff members with an ISP, and are accessible electronically via an emergency application.
- Any supplies or equipment required for the ISP should be readily available, in an emergency kit or "Go-Kit," and/or carried by the individual as deemed appropriate. **(See Appendix E: Individual Go-Kit Checklist)**

## Adults in charge.

- Individuals with access and functional needs should have an identified adult trained and equipped to implement the plan in an emergency. In addition, the plan should designate secondary adults in the event that the primary adult is absent or otherwise unable to act.
- Substitute personnel placed in charge of an individual with an ISP (e.g. teachers, aides, or paraprofessionals) must be familiarized with and prepared to implement the ISP.
- Students and children must not be placed in charge or have responsibility for their peers or other adults with special needs.
- Through group practice and education, students and children will naturally learn to work cooperatively and help one another during emergency drills and exercises. However, it is not safe or appropriate to assign students and children adult responsibilities as this can lead to unintended physical and/or psychological harm if a child/student “helper” or “buddy” is unable to successfully assist a peer or adult during a drill or actual emergency.

## Equal opportunity and equal access = safety for all.

- Individuals with access and functional needs must have the same opportunities to access and benefit from emergency programs, services, and activities as people without disabilities.
- Modification to rules, policies, practices, and procedures may be required to provide equal access to emergency programs and services for individuals with access and functional needs.
- Neither individuals with access and functional needs nor their families may be charged to cover the costs of measures necessary to ensure equal access and nondiscrimination.



# THE INCLUSIVE SAFETY PLANNING PROCESS

## Step 1: Gather Your Team

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Inclusive school safety planning requires all hands on deck. In other words, it takes a team. In order to include a variety of diverse perspectives and expertise, planning teams should represent multiple disciplines and perspectives from within the community, such as educators, school resource officers, nurses, public safety, mental health providers, parents, custodians, and disability advocates.

Safe and Sound Schools created the TEAMS Framework for Inclusive Safety Planning to help safety planning teams consider and plan for the safety of all community members. Using the TEAMS Framework, safety planning teams can organize and prepare for the needs of regular community members such as students, campers, and staff, as well as itinerant and visiting community members, such as volunteers, parents, delivery personnel, substitutes, and guests.

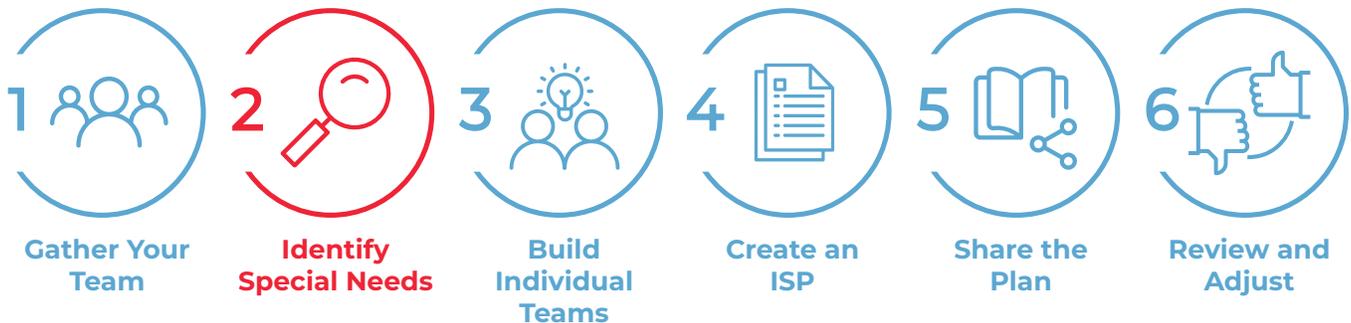
TEAMS identifies five key categories of consideration in planning and preparing for the needs of individuals with access and functional needs : T-Transportation & Mobility, E-Emotional, Mental & Behavioral Health, A-Auxiliary Communication, M-Medical Health, and S-Security & Supervision. The framework also provides definitions and examples of the need to help safety planning teams gather and get started, and build a team to successfully plan and prepare with inclusivity in mind.

## TEAMS FRAMEWORK FOR INCLUSIVE SAFETY PLANNING

Support Category	Definition	Examples of Need
<p><b>T</b></p> <p><b>Transportation &amp; Mobility</b></p>	Accommodations necessary to support an individual's movement to safety, alternative location, or protective position during and after a crisis.	Individuals in wheelchairs (manual and electric), with crutches, requiring lift and/or stair equipment, medically fragile individuals, pregnant individuals, etc.
<p><b>E</b></p> <p><b>Emotional, Mental &amp; Behavioral Health</b></p>	Accommodations, personnel, procedures, services, or specialized preparation required to ensure an individual's emotional well-being and/or behavioral health during a crisis.	Individuals with ADHD, sensory disorders, anxiety, emotional challenges, trauma history, PTSD, cognitive or intellectual impairment, etc.
<p><b>A</b></p> <p><b>Auxiliary Communication</b></p>	Accommodations, personnel, equipment, and or specialized training required to assist an individual to receive, understand, and relay information during a crisis.	Individuals with speech or cognitive disabilities and impairments, visual impairment/blindness, deaf/hard of hearing, etc., individuals who speak a language other than English.
<p><b>M</b></p> <p><b>Medical Health</b></p>	Medicine, medical care, specialized training, equipment, or medical protocols required to ensure an individual's safety during a crisis.	Individuals with medical conditions such as asthma, allergies, diabetes, medical fragility, seizure disorders, traumatic brain injury, physical injury or impairment, etc.
<p><b>S</b></p> <p><b>Security &amp; Supervision</b></p>	Additional equipment, training, protocols, and personnel required to maintain accountability and security of an individual during and after a crisis.	Individuals for whom traditional lockdown presents a physical, sensory, or emotional challenge, those who cannot remain quiet or stationary, individuals who are known to elope (run away) or initiate self-evacuation in a crisis, etc.

## Step 2: Identify Special Needs of Individuals Within Your Community

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As multi-disciplinary safety planning teams continually gather to develop, revise, improve their safety plans, and consider individuals who have access and functional needs during a crisis, the first—and most important step in the process—is to identify individuals who may have access and functional needs within the community.

Some support needs may be easier to identify than others. Special Education or English Language Learning (ESOL/ELL/ESL, etc.) programs are an excellent place to begin accounting for access and functional needs in your community. However, it is critically important to look beyond these programs to identify other safety support needs that may exist within the community and reach out to community members who can identify additional needs.



To facilitate this process, set a schedule to regularly survey parents and staff members, with extra attention given to special educators, counselors, psychologists, social workers, and nurses to help identify students, children, staff, volunteers, and families who may have additional support needs ([See Appendix A: Inclusive Safety Planning Survey](#), and pictured below).

This survey can be completed collaboratively (such as by grade level/related arts teams, special education teams, and/or health/mental health service providers) or by individual staff members. Once the survey has been completed, individuals or parents of individuals will need to be contacted to initiate the Inclusive Planning Process. It is recommended that this process be coordinated and supervised by a designated person or group, such as the director of safety, school psychologist, or the school/facility’s safety planning team.

## INCLUSIVE SAFETY: PLANNING SURVEY



Using the TEAMS Framework for Inclusive Safety Planning, list individuals who may require an Individualized Safety Plan (ISP). This form can be completed collaboratively (such as by grade level/related arts teams, special education teams, or health service providers).

Support Category	Individuals who may benefit from an Individualized Safety Plan	Person(s) Responsible for Coordinating
<b>T</b> Transportation & Mobility	1. Angelo Rivera 2. Monica Mejia 3. Bryan Williams 4.	1. Shawn Jackson 2. Shawn Jackson 3. Shawn Jackson 4.
<b>E</b> Emotional, Mental & Behavioral Health	1. Landon Blake 2. Brandon Clark 3. 4.	1. Sydney Supulveda 2. Sydney Supulveda 3. 4.
<b>A</b> Auxiliary Communication	1. Lily Ann Potts 2. Marissa Agustin 3. 4.	1. Katherine Sullivan 2. Katherine Sullivan 3. 4.
<b>M</b> Medical Health	1. Emilia Gray 2. Jessica Halcomb 3. 4.	1. Heather Olson 2. Heather Olson 3. 4.
<b>S</b> Security & Supervision	1. Charlie Thompson 2. Miguel Gomez 3. Monique Harvey 4.	1. Daniel O'Brien 2. Daniel O'Brien 3. Daniel O'Brien 4.

## Step 3: Build Individual Teams

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With individual safety planning, it takes a specialized team of people who know and work with the individual to ensure the best plan, an Individual Safety Planning Team. These include parents, bus drivers, aides, paraprofessionals, teachers, nurses, counselors, emergency response providers, and any additional support staff who work with the individual. It is important to establish a team lead and core working members, in addition to other members who may advise or assist the group with specific challenges and solutions. Once the individual safety planning team is assembled, they review and discuss the TEAMS framework as it pertains to the individual's needs. Ensure that specialized duties and assigned roles are reflected in the Individual Safety Plan.



# Step 4: Create an Individual Safety Plan



The Individual Safety Planning Team can use the Individual Safety Plan template pictured below ([See Appendix B: Individual Safety Plan template](#)) to document required safety accommodations and develop an action plan for completion. We offer this template as a means of organizing the planning process and ensuring accountability. As always, it is important to consider the specific local requirements and site-based resources available to meet individual needs.

Through the collaborative planning process, specific needs and required accommodations for the individual can be identified and planned for. While each individual will have unique support needs, the chart on the following page provides a general guide for Individual Safety Planning Teams developing ISPs. Although the list of accommodations is not exhaustive, it is intended to generate discussion, ideas, and problem-solving among the Individual Safety Planning Team.

**INDIVIDUAL SAFETY PLAN**

Today's Date: September 22, 2021 Date of Next Review: January 19, 2022

Individual: Anthony M. Esperanza  Student/Child  Staff  Other

**Individual Information**

Individualized Education Plan:  Yes  No 504 Plan:  Yes  No

Functional Behavior Assessment (FBA)  Service Animal

Behavioral Intervention Plan (BIP)  Custody Restrictions (identify restricted individuals on the following lines)

Medical Plan

Name(s) of restricted individuals: \_\_\_\_\_

Primary language other than English:  Yes  No

If yes, please indicate: N/A

Identified educational disabilities or specialized needs:

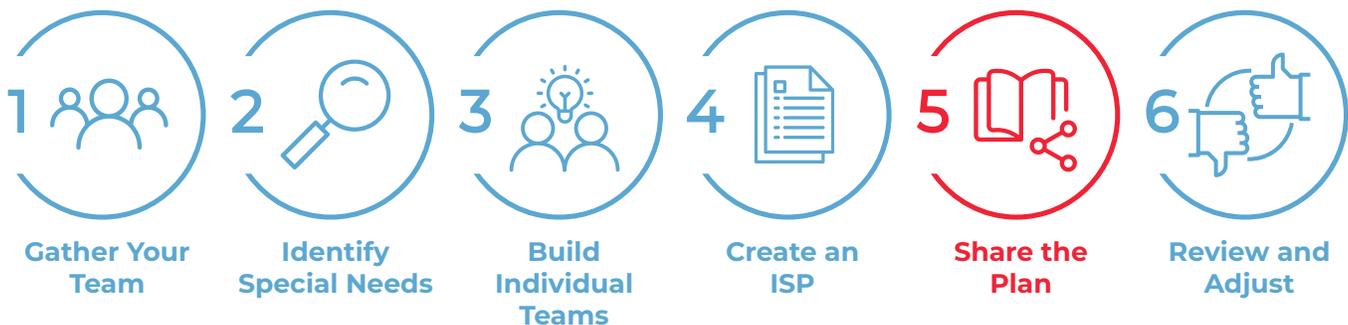
Disabilities affect his communication and language development, social/personal skills, cognitive abilities, motor skills and self-help skills. Requires careful supervision when overstimulated as Anthony will run away to escape loud noises and flashing lights.

## INDIVIDUAL SAFETY ACCOMMODATIONS AND SUPPORTS

Support Category	Examples of Accommodation—may include, but are not limited to:
<p style="text-align: center;"><b>T</b></p> <p><b>Transportation &amp; Mobility</b></p>	<ul style="list-style-type: none"> <li>• Procurement of relevant adaptive equipment and/or vehicles to facilitate safe transport (wheelchairs, sleds, stair chairs, etc.)</li> <li>• Staff training with adaptive equipment</li> <li>• Training and introduction opportunities for emergency responders and individuals</li> <li>• Additional practice opportunities for individual, assigned support staff, and emergency responders</li> </ul>
<p style="text-align: center;"><b>E</b></p> <p><b>Emotional, Mental &amp; Behavioral Health</b></p>	<ul style="list-style-type: none"> <li>• Prior preparation, instruction, and practice opportunities for required emergency procedures and activities (See companion Especially Safe Teaching &amp; Training Guide)</li> <li>• Identification and practice of calming/regulation strategies</li> <li>• Designated quiet spaces or separate locations for individual during emergency procedures such as lockdown, reunification, etc.</li> <li>• Cueing mechanisms, tools, or strategies to facilitate appropriate response/reduce stress when practicing/enacting emergency procedures</li> <li>• Comfort items (such as books, headphones, fidgets, quiet toys, etc.)</li> <li>• Staff training to support individual before, during, and after emergency practice and crisis situations</li> </ul>
<p style="text-align: center;"><b>A</b></p> <p><b>Auxiliary Communication</b></p>	<ul style="list-style-type: none"> <li>• Translation of emergency information via digital, auditory, pictorial, or braille signage.</li> <li>• Use of lighted or vibrating alert systems</li> <li>• Augmentative communication device/technology</li> <li>• Signage and directions provided in individual's first language</li> <li>• Translators for individual and family members</li> <li>• Staff training in alternate/augmentative communication</li> </ul>
<p style="text-align: center;"><b>M</b></p> <p><b>Medical Health</b></p>	<ul style="list-style-type: none"> <li>• Personal Go-Kit located on or near individual</li> <li>• Staff training for administration of medication, first aid, care, and monitoring of individual's medical condition</li> <li>• Staff training with required medical equipment or protocols for individual</li> <li>• Toileting accommodations/accessible restrooms</li> </ul>
<p style="text-align: center;"><b>S</b></p> <p><b>Security &amp; Supervision</b></p>	<ul style="list-style-type: none"> <li>• Designation of multiple, specific, securable locations for lockdown (lockable from the inside with ADA/fire code compliant hardware) and shelter-in-place</li> <li>• Door open alarms, location monitoring devices for individuals who may elope/wander</li> <li>• Training for designated staff/personnel assigned to individuals at risk of elopement/wandering or with difficulty enacting lockdown</li> <li>• Use of service animals to deter and detect wandering</li> <li>• Designated quiet spaces or separate locations for individual during emergency procedures such as lockdown, reunification, etc.</li> <li>• Additional practice opportunities for individual and assigned staff</li> </ul>

## Step 5: Share the Plan

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Once the plan is developed, it is critically important that it be shared with all staff who work with the individual, or who may interact with the individual during a crisis. This includes parents, staff, substitutes, mental health and emergency response personnel, as well as others identified in the planning process. Additionally, it will be necessary to consider changes in staff, substitutes, or emergency response agencies. Minimally, an annual “check-in” is recommended with all assigned staff and emergency response personnel and/or agencies, to ensure continuity of the ISP. In order to ensure this process, it is critically important to review [FERPA](#) with personnel and reassure staff members and safety professionals that sharing the ISP among relevant stakeholders is allowable under the law.



## Step 6: Review and Adjust the Plan

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Set a schedule for annual reviews of all Individual Safety Plans. For those receiving special education services, this can be done at the IEP/504 annual review meeting. A review must also be done as new information is learned, an individual's needs change, or when a student transitions to a new school. The Individual Safety Plan is a living document and is only effective if it is used and referred to by the Individual Safety Planning Team.

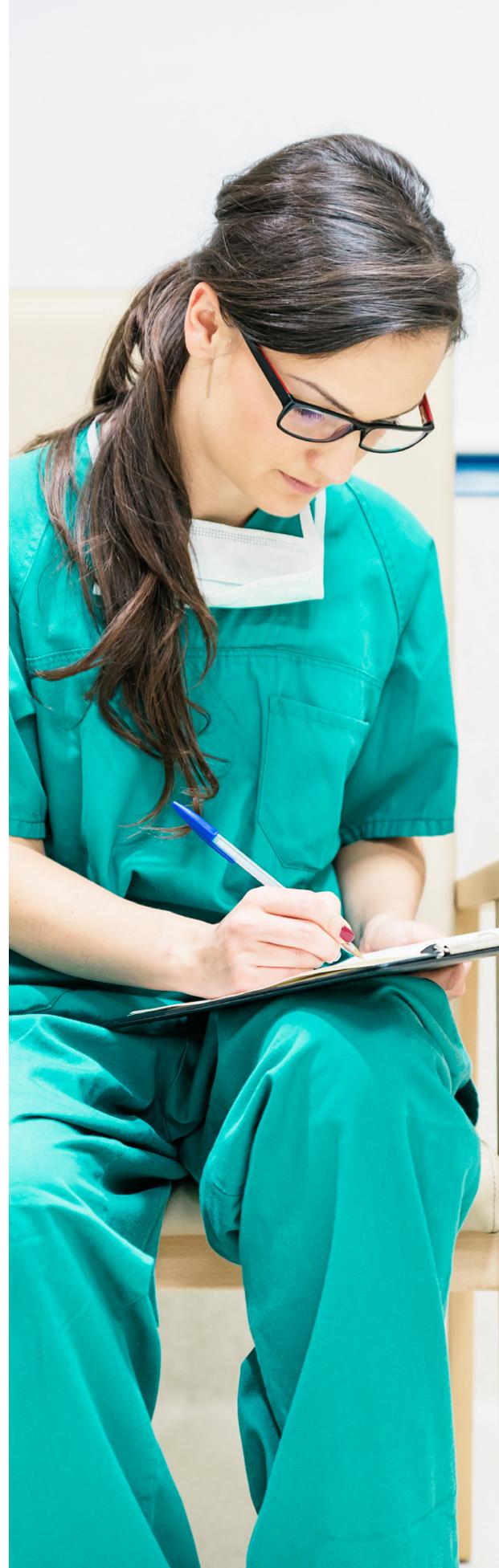


# HAZARD / PROTOCOL SPECIFIC PLANNING

In addition to the development of a general Individual Safety Plan, teams may determine the need for threat/hazard specific plans for individuals. For example, in the case of an individual with multiple and complex needs, planning and preparing according to each specific emergency scenario may be necessary ([See Appendix C: Individual Safety Planning-Hazard/Protocol Specific](#)). Developing specific plans according to required emergency protocols can be helpful in planning, teaching, and training activities for individuals and groups of individuals with special needs during crisis ([See the companion Teaching and Training Guide](#)).

# INDIVIDUAL EMERGENCY GO-KITS

Planning teams may elect to assemble individual emergency 'Go-Kits' or portable kits for individuals who require specific equipment, communication devices/materials, comfort items, medication, etc. during a crisis. Such kits should serve all-hazard scenarios, and be portable, easily located, kept with/ near the individual, and regularly restocked as items may expire or require updating ([See Appendix D: Individual Go-Kit Checklist](#)).





## ESSENTIAL QUESTIONS FOR INCLUSIVE PLANNING & PREPARATION

Before good answers, come good questions. The following question lists are organized according to the TEAMS Framework and are designed to provoke thoughtful planning and consideration, as well as uncover additional needs.

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While these questions are not exhaustive and cannot represent the unique needs of all individuals in your educational setting, we encourage planning teams to consider them as a starting point for continual problem-solving and improvement in the inclusive safety planning process ([See Appendix E](#) for checklist versions of the [Essential Questions](#)). We invite the input of additional questions and considerations to benefit other planning teams and individuals with access and functional needs (See Invitation to Contribute section of this guide to share feedback and additional contributions to Especially Safe).

## General Considerations

1. Have emergency service personnel been included in planning and familiarized with access and functional needs within the community?
2. Have emergency service personnel assessed the building and campus for accessibility?
3. Do the plans provide staff training, including a review of procedures for transporting persons with a variety of assistance needs, as well as the transport of service animals?
4. Do emergency plans consider service animals that may accompany an individual with special needs?
5. Have plans been practiced with the staff and individuals? Emergency response providers? Volunteers?
6. What if a crisis happens during lunch or recess? Arrival or Dismissal? Passing times? Off-campus/on a field trip? How will the individual get to safety?





## Transportation and Mobility

1. Have the building(s), campus, and any designated evacuation locations been assessed for accessibility by emergency response providers (i.e. fire, police, emergency medical services) with specific individuals and ISPs in mind?
2. Are identified primary and secondary locations accessible to individuals with a mobility disability?
3. Have individuals with mobility disabilities (including temporary disabilities such as a broken bone) and physical conditions that may impact mobility (such as pregnancy, asthma, etc.) been identified?
4. What accommodations will be needed for individuals with a mobility disability, using a wheelchair, a walker, crutches, etc., to enter and exit the building, access other areas in the facility and on campus?
5. Are there any obstacles or trip hazards that make entering or exiting the building difficult?
6. Are appropriate way-finding aids or guides installed to assist individuals with visual and/or auditory impairments in evacuating or moving to a safe location?
7. What training and equipment is required to assist individuals with mobility or physical disability to a safe location? Does debris or other obstructions block the path to safety?
8. Do areas of refuge and lockdown locations allow room for individuals in wheelchairs? Service animals? With Aides?
9. What redundancy (backup) measures are in place to ensure the security of individuals who may not be able to quickly move to a safe position during crisis?
10. What transportation accommodations are needed to safely move individuals from one site to another? Or one location in the building to another?

## Emotional, Mental, and Behavioral Health

1. Do emergency plans consider the need for separate, quiet spaces for individuals experiencing difficulty, anxiety, or sensory overload?
2. Are students, children, and staff who have reactions to certain sensory stimuli (i.e., noise, external confusion, uncomfortable proximity to others) accounted for in crisis plans?
3. What measures are in place to protect those who react to sensory stimuli during an emergency?
4. What types of support items and/or technology are required to comfort individuals with emotional and/or sensory challenges (e.g. comfort items, fidgets, headphones, etc.) during a crisis?
5. Does the individual need emotional or behavioral supports during a crisis? Who will provide this support?
6. Has preparation for individuals who may have adverse reactions to police/emergency responders taken place? Do plans include supports to enable positive interactions with police/responders during a crisis?
7. What plans and measures are in place to help individuals remain as quiet and calm as possible during a crisis? If it is not possible for individuals to remain quiet during a lockdown procedure, do emergency plans provide for a secure or separate location for students/children and staff?
8. Does the individual need additional supports to comprehend and perform the necessary actions for each emergency protocol? Who will provide this support? What materials might be required to prompt or cue the individual to perform necessary actions?
9. Have individuals with trauma histories, experience, and/or PTSD been identified? What types of preparation are required to support these individuals during and after a crisis?
10. Have staff members been assigned and trained to support individuals with sensory, emotional, and behavioral challenges during crisis?



## Auxiliary Communication

1. What measures will be implemented to ensure communication with all students/ children and staff?
2. Are there students, staff, and members of the community (including parents and volunteers) who communicate other than verbally?
3. Are there individuals who speak a language other than English and will require a translator? Pictorial instructions?
4. Does your school/campus have personnel trained in sign language? How many? Is it enough for the size of your school/campus? What types of redundancy plans have been developed?
5. Are there staff members who speak other languages, including sign language, who could be utilized to provide translation services to English Language Learners?
6. Are there any technological devices required to alert or assist the deaf or hard of hearing in communicating during an emergency (e.g. visual alarms, notification devices, signage)?
7. What communication supports, equipment, or assistive technology are required to support individuals with communication and/or cognition support needs?
8. Have relevant communication support materials, equipment and training been provided to staff who work with individuals?



## Medical

1. Are required medications readily available and accessible to responsible staff, or individuals if appropriate, during shelter in place or evacuation scenarios?
2. Is there a plan to ensure an adequate supply of critical medication? Does the plan include secondary supply locations?
3. If there are medications that have temperature requirements, is there a way to transport those medications to maintain the proper temperature? What equipment is needed to transport medications (lockbox, rolling cooler, etc.)
4. Do primary and secondary off-site or on-campus locations have refrigeration and adequate power supply (battery, generator, etc.) in the case of a power outage to regulate medication temperatures and power medical devices?
5. Who is trained and authorized to administer medication for the individual? Are there others who have been or should be cross-trained if the primary person responsible is unavailable?
6. Who is trained to administer first aid and CPR?
7. Do the plans provide staff training, including a review of procedures for transporting persons with a variety of assistance needs, as well as the transport of service animals?
8. Have relevant medical equipment, materials and training been provided to aides and all other educators who work with the individual?



## Security and Supervision

1. Have individuals at risk for elopement/running away been considered as part of the emergency plans?
2. Are there plans in place for individuals who may elect to self-evacuate? Has a pre-designated gathering location been identified and shared with the Individual Safety Planning Team?
3. What plans and measures are in place to help individuals remain as quiet and calm as possible during a crisis?
4. If it is not possible for individuals to remain quiet during a lockdown procedure, do emergency plans provide for a secure location for students/children and staff?
5. Have staff members been assigned and trained to support individuals with sensory, emotional, cognitive and/or behavioral challenges during crisis?
6. What types of support items and/or technology are required to comfort, calm, and help quiet individuals with sensory, cognitive, and/or behavioral challenges (e.g. comfort items, fidgets, headphones, etc.) during a crisis?
7. What redundancy (backup) measures are in place to ensure the security of individuals who may not be able to quickly move to a safe position during crisis?
8. What accommodations or additional supports are needed to help ensure a room can be secured if a person has mobility or accessibility challenges (e.g. safe room, training to barricade a locked door using environmental resources, furniture, etc.)? See [Classroom Door Security & Locking Hardware](#) in Resource Toolbox.



## Additional Considerations for Inclusive Planning

In addition to planning for the access and functional needs within the school/campus community, it is important to consider additional safety and support needs related to specific groups of people. Some of these needs include, but are not limited to:

- Refugees and newly immigrated individuals
- Persons of color/with adverse experience or negative relationships with police/responders
- Gender diverse/transgender individuals
- Religious & culturally diverse individuals/groups

In planning and preparing to support individuals and groups with additional safety support needs, communication and outreach are essential to ensure that staff and emergency responders are aware of any accommodations necessary to successfully support the needs of individuals and groups whose cultures, beliefs, and experiences may affect their response to and recovery from crisis.



# ESPECIALLY SAFE RESOURCE TOOLBOX

## HELPFUL TRAINING RESOURCES

Kindergarten through 12th Grade (K-12) and Higher Education (Higher Ed) —

- [\*\*IS-368: Including People With Disabilities & Others With Access and Functional Needs in Disaster Operations Online Course\*\*](#). The purpose of this course is to increase awareness and understanding of the need for full inclusion of disaster survivors and FEMA staff who are people with disabilities, and people with access and functional needs. (FEMA Emergency Management Institute)
- [\*\*IS-505: Religious and Cultural Literacy and Competency in Disaster Online Course\*\*](#). The course provides emergency management professionals as well as, faith and community leaders active in disaster with the religious literacy and competency tools needed to learn how to effectively engage religious and cultural groups and their leaders throughout the disaster lifecycle. (FEMA Emergency Management Institute)
- [\*\*Addressing Access and Functional Needs in School and IHE Emergency Operations Plans\*\*](#). This PDF is a webinar resource list consisting of hyperlinks to on-line training opportunities addressing access and functional needs.
- [\*\*Integrating the Needs of Students and Staff with Disabilities and Other Access and Functional Needs Training Package\*\*](#). The training outlines several approaches for integrating the needs of students and staff with disabilities and other access and functional needs into each step of the emergency operation planning process. (REMS TA Center)

Higher Ed Only

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- [\*\*Emergency Planner Disability Trainings and Resources\*\*](#). The Ohio Disability and Health Program has produced a one-hour training for first responders and emergency planners on inclusive disaster planning for people with disabilities (The Ohio State University).

## ADDITIONAL RESOURCES

### Everyday Living – K-12 and Higher Ed

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- [ADA Standards: Accessible Routes](#), U.S. Access Board
- [Disability Resources](#), U.S. Department of Labor
- [Effective Communications for People with Disabilities: Before, During, and After Emergencies](#), National Council on Disability
- [Office of Disability Integration and Coordination](#), Federal Emergency Management Agency
- [Emergency Evacuation Planning Guide for People With Disabilities](#), National Fire Protection Association

### K-12 Only

- [Helping Children With Disabilities Cope With Disaster and Traumatic Events](#), U.S. Centers for Disease Control and Prevention

### Planning and Preparation for Emergencies – K-12 and Higher Ed

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- [Access and Functional Needs Fact Sheet](#), Federal Emergency Management Agency
- [Aiding Individuals With Service Animals During an Emergency](#), U.S. Department of Labor
- [Addressing Access and Functional Needs \(AFN\) in School and Higher Education Emergency Operations Plans \(EOPS\)](#), REMS TA Center free online training
- [Classroom Security Considerations](#), iDig Hardware
- [Emergency Alerts for People With Disabilities](#), National Center for Accessible Media
- [Earthquake Preparedness Guide for People With Disabilities and Others With Access and Functional Needs](#), Earthquake Country Alliance
- [Effective Emergency Management: Making Improvements for Communities and People With Disabilities](#), National Council on Disability
- [Effective Emergency Preparedness Planning: Addressing the Needs of Employees With Disabilities](#), U.S. Department of Labor
- [Emergency Evacuation Planning Guide for People With Disabilities](#), National Fire Protection Association
- [Emergency Management Research and People With Disabilities: A Resource Guide](#), U.S. Department of Education
- [Emergency Planning for People With Access and Functional Needs](#), New York City Citizen Corps
- [Guidelines for School Security](#), Partner Alliance for Safer Schools

- [Opening the Door to School Safety](#), Door Security & Safety Foundation
- [Planning for an Emergency: Strategies for Identifying and Engaging At-Risk Groups](#), U.S. Centers for Disease Control and Prevention
- [Preparing the Workplace for Everyone](#), U.S. Department of Labor
- [Public Service Announcements for Disasters](#), U.S. Centers for Disease Control and Prevention
- [Supporting Students with Disabilities During School Crises, A Teacher's Guide](#), Clarke, L., Embury, D., Jones, R. & Yssel, N.
- [Tips for Evacuating Vulnerable Populations](#), Florida Division of Emergency Management
- [Training, Drilling, and Exercising Toolkit](#), Texas School Safety Center

## K-12 Only

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- [Access and Functional Needs Community of Practice Forum](#), REMS TA Center. Log-in or register here: <https://rems.ed.gov/COP/REMSCOPforum/topics.aspx?ForumID=101>.
- [Best Practice Guidance for Armed Assailant Drills in Schools](#), National Association of School Resource Officers, Safe and Sound Schools & National Association of School Resource Officers
- [Children in Disasters Guidance](#), Centers for Disease Control and Prevention
- [Emergency Management in Nontraditional School Settings](#), REMS TA Center
- [Integrating Students With Special Needs and Disabilities Into Emergency Response and Crisis Management Planning](#), REMS TA Center
- [Personal Emergency Evacuation Planning Tool for School Students With Disabilities](#), National Fire Protection Association
- [Guide for Developing High-Quality School Emergency Operations Plans](#), REMS TA Center
- [School Safety Drills and Exercises for Students with Autism Spectrum Disorder \(ASD\): Tips and Resources for Educators](#). National Association of School Psychologists
- [School Crisis Prevention and Intervention, The PREPaRE Model, 2nd Edition](#), (pp. 129-135) National Association of School Psychologists

## Higher Ed Only

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- [Emergency Planner Disability Trainings and Resources](#), The Ohio State University
- [Guide for Developing High-Quality School Emergency Operations Plans for Institutions of Higher Education](#), REMS TA Center

## RESOURCES FOR SPECIFIC AUDIENCES

### Disabilities

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- [Protection and Advocacy for People With Disabilities](#), National Disability Rights Network

### Deaf or Hard of Hearing

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- [Emergency Warnings for People With Hearing Loss](#), National Weather Service

### Medical Health Needs

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- [Asthma in Schools](#), U.S. Centers for Disease Control and Prevention
- [Emergency Information Form for Children With Special Needs](#), American College of Emergency Physicians and American Academy of Pediatrics
- [Sample Emergency Information Form for Children With Special Needs](#), American College of Emergency Physicians and American Academy of Pediatrics
- [Epilepsy in Schools](#), U.S. Centers for Disease Control and Prevention
- [Food Allergies in Schools](#), U.S. Centers for Disease Control and Prevention

### Limited English Proficiency

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- [Limited English Proficiency Emergency Preparedness Resources](#), U.S. Department of Justice
- [Promoting Emergency Preparedness Among Non-English Speaking Students](#), REMS TA Center

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# INVITATION TO CONTRIBUTE

Whether in school, at summer camp, in religious education, or at work, Safe and Sound Schools is committed to ensuring that every child and every community member is safe to learn and grow in their educational setting. This is a mission that requires all hands, hearts, and minds. We invite you to share your experiences, professional and personal knowledge, additional ideas, and feedback to serve this mission with us; and we invite you to share this guide and its companion, The Teaching & Training Guide with your peers and community members.

Please email [info@safeandsoundschools.org](mailto:info@safeandsoundschools.org) to share your contributions, help us continually improve this body of work, and ensure that every member of our learning communities is safe and sound.

# APPENDIX

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# INCLUSIVE SAFETY: PLANNING SURVEY

Using the TEAMS Framework for Inclusive Safety Planning, list individuals who may require an Individualized Safety Plan (ISP). This form can be completed collaboratively (such as by grade level/related arts teams, special education teams, or health service providers).

Support Category	Individuals who may benefit from an Individualized Safety Plan	Person(s) Responsible for Coordinating
<p><b>T</b></p> <p><b>Transportation &amp; Mobility</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>E</b></p> <p><b>Emotional, Mental &amp; Behavioral Health</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>A</b></p> <p><b>Auxiliary Communication</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>M</b></p> <p><b>Medical Health</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>S</b></p> <p><b>Security &amp; Supervision</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>



# INDIVIDUAL SAFETY PLAN

Today's Date: \_\_\_\_\_ Date of Next Review: \_\_\_\_\_

Individual: \_\_\_\_\_  Student/Child  Staff  Other

## Individual Information

Individualized Education Plan:  Yes  No      504 Plan:  Yes  No

- Functional Behavior Assessment (FBA)
- Behavioral Intervention Plan (BIP)
- Medical Plan
- Service Animal
- Custody Restrictions (identify restricted individuals on the following lines)

Name(s) of restricted individuals: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Primary language other than English:  Yes  No

If yes, please indicate: \_\_\_\_\_

Identified educational disabilities or specialized needs:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_





# INDIVIDUAL SAFETY PLAN: PLANNING

Use the TEAMS planning framework to identify and arrange for necessary supports.

Support Category	Equipment, Technology and/or Material Supports	Personnel, Service Animal, Peer Support	Training
<p><b>T</b></p> <p><b>Transportation &amp; Mobility</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p><b>E</b></p> <p><b>Emotional, Mental &amp; Behavioral Health</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p><b>A</b></p> <p><b>Auxiliary Communication</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p><b>M</b></p> <p><b>Medical Health</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p><b>S</b></p> <p><b>Security &amp; Supervision</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>



# INDIVIDUAL SAFETY PLAN: ACTION PLAN

For each identified area of accommodation, identify actions or steps to be taken (materials to gather, training to arrange or schedule, etc.), as well as person(s) responsible for each.

Support Category	Action Items	Person(s) Responsible
<p><b>T</b></p> <p><b>Transportation &amp; Mobility</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>E</b></p> <p><b>Emotional, Mental &amp; Behavioral Health</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>A</b></p> <p><b>Auxiliary Communication</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>M</b></p> <p><b>Medical Health</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>
<p><b>S</b></p> <p><b>Security &amp; Supervision</b></p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>	<p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>4. ....</p>



The team will account for the materials, staff/student preparation, training, tools, technology, etc. listed above by (insert date) \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ and will reconvene to review and make necessary updates to this plan on a quarterly basis, as needed/requested by team members, and no less than annually to prepare for grade level and school to school transitions. Considerations should be made for revisions given changes relative, though not limited to the individual, building circumstances, and hazards.

Q1 Date: \_\_\_\_\_

Q2 Date: \_\_\_\_\_

Q3 Date: \_\_\_\_\_

Q4Date: \_\_\_\_\_

### Transition Planning Date

Grade Level: \_\_\_\_\_ Classroom: \_\_\_\_\_

School: \_\_\_\_\_

**This plan was developed and reviewed by (parent(s), paraprofessional, school counselor, school psychologist, SRO, administrator, student (as appropriate), etc.):**

Name	Relation to individual
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



# MY ISP

MY NAME IS: \_\_\_\_\_

Emergency Contact:

Relation:

Phone:

Emergency Contact:

Relation:

Phone:

———— Here are Things I Want You to Know About Me: ————

	Help I need (Accommodations)	Things I Need (Resources, Materials, Devices, etc.)
<p><b>T</b> Transportation &amp; Mobility</p>		
<p><b>E</b> Emotional, Mental, &amp; Behavioral Health</p>		
<p><b>A</b> Auxiliary Communication</p>		
<p><b>M</b> Medical Health</p>		
<p><b>S</b> Security &amp; Supervision</p>		

## First Responders:

This document has information that is important to supporting the student during this emergency. You will find the following information regarding their individual safety plan:

- The Student's Name, with contact information below.
- Specific information about the student that will assist you when helping this student
- Student needs in the form of accommodations
- Support materials, resources, devices and other things they will need
- Please use this information to assist you with emergency actions involving this student.

## Families and Guardians:

- This document is meant for students, educators, and first responders as an at a glance guide for training and during emergencies.
- If able, students should be involved in practicing and improving their safety plans whenever possible to foster a sense of control and safety.
- When discussing, teaching, and practicing the plan with students and adults, remember, "practice makes progress," not "practice makes perfect." We learn little by little over time, starting with simple steps and adding more as we get better. The goal is to build confidence and to empower the student when they have to use their plan.
- To help make this plan the most supportive and up to date please inform the planning team of any changes relevant to your child's TEAMS accommodations framework.
- Work with your student's ISP team to determine where the MY ISP document can be stored for optimal accessibility in an emergency (e.g. in student/classroom Go Kit, classroom/student emergency folder, in wheelchair pocket).

## ISP Team and Educators:

This document is meant for students, families/guardians, and first responders as an at a glance guide for training and during emergencies. You will find the following information:

- The Student's Name
- Specific information about the student that will assist you when helping this student
- Help the student needs in the form of accommodations
- Materials, resources, devices and other things they will need

- Students should be involved in practicing and improving their safety plans whenever possible to foster a sense of control and safety.
- When practicing and training, remember, "practice makes progress," not "practice makes perfect." We learn little by little over time, starting with simple steps and adding more as we get better. The goal is to build confidence and to empower the student when they have to use their plan.

Make sure this plan is updated annually and is part of the classroom Go-kit and the student, if able, has access to their plan.

Determine with the student (where appropriate) and family where to store the MY ISP document for optimal accessibility in an emergency (e.g. in student/classroom Go Kit, classroom/student emergency folder, in wheelchair pocket).

# INDIVIDUAL SAFETY PLAN: HAZARD/PROTOCOL SPECIFIC



\*Use the TEAMS Planning Chart to identify required supports for specific emergency protocols (i.e. Lockdown, Fire, Tornado, etc.)

.....

## Individual plan for (select one)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Earthquake            | <input type="checkbox"/> Evacuation/Return to Building | <input type="checkbox"/> Reunification |
| <input type="checkbox"/> Fire                  | <input type="checkbox"/> Lockdown                      | <input type="checkbox"/> Tornado       |
| <input type="checkbox"/> Severe Wind & Weather | <input type="checkbox"/> Tsunami                       | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Elopement (Wandering) | <input type="checkbox"/> Wildfire                      | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Shelter-In-Place      |  | <input type="checkbox"/> Other: _____  |

Individual's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Support Category	Equipment, Technology and/or Material Supports	Personnel, Service Animal, Peer Support	Training
<div style="font-size: 2em; font-weight: bold; border: 1px solid black; border-radius: 50%; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin: 0 auto;">T</div> <p style="margin-top: 10px;"><b>Transportation &amp; Mobility</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
<div style="font-size: 2em; font-weight: bold; border: 1px solid black; border-radius: 50%; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin: 0 auto;">E</div> <p style="margin-top: 10px;"><b>Emotional, Mental &amp; Behavioral Health</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>
<div style="font-size: 2em; font-weight: bold; border: 1px solid black; border-radius: 50%; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center; margin: 0 auto;">A</div> <p style="margin-top: 10px;"><b>Auxiliary Communication</b></p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>

# INDIVIDUAL SAFETY PLAN: HAZARD/PROTOCOL SPECIFIC



<b>M</b> <b>Medical Health</b>	..... ..... ..... .....	..... ..... ..... .....	..... ..... ..... .....
<b>S</b> <b>Security &amp; Supervision</b>	..... ..... ..... .....	..... ..... ..... .....	..... ..... ..... .....

Use the space below to summarize the steps of the protocol from initiation to conclusion. Specify roles and expectations of individual, support staff, and/or service animals.

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List equipment, medical, and material supports required for the individual during this protocol. Check off items that have been obtained and list where they will be located.

Item	Location
<input type="checkbox"/> _____	_____

# INDIVIDUAL SAFETY PLAN: HAZARD/PROTOCOL SPECIFIC



List responsible and back up staff required to support the individual.

**Name**

**Role**

<hr/>	<hr/>

**This plan was reviewed by:**

**Name**

**Relation to individual**

<hr/>	<hr/>



# INDIVIDUAL GO-KIT CHECKLIST

Today's Date: \_\_\_\_\_ Date of Next Review: \_\_\_\_\_

Health and Hygiene Items	Additional Items
<p>Items such as:</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Hand wipes</li><li><input type="checkbox"/> Basic first aid kit</li><li><input type="checkbox"/> Personal wipes/toilet needs</li><li><input type="checkbox"/> Gloves/plastic bags</li><li><input type="checkbox"/> Allergy safe snacks</li><li><input type="checkbox"/> Medication</li><li><input type="checkbox"/> Food &amp; water for 24 hours</li><li><input type="checkbox"/> Clothing change – if possible</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li></ul>
Comfort Items	Additional Items
<p>Items such as:</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Fidgets</li><li><input type="checkbox"/> Straws</li><li><input type="checkbox"/> Sensory balls/putty/chews</li><li><input type="checkbox"/> Earplugs/headphones</li><li><input type="checkbox"/> Weighted vest/blanket</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li></ul>
Equipment and Devices Items	Additional Items
<p>Items such as:</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Additional batteries for devices/equipment</li><li><input type="checkbox"/> Device charger(s)</li><li><input type="checkbox"/> Headphones/earphones for music</li><li><input type="checkbox"/> Device/Board for communication</li><li><input type="checkbox"/> Seat belt/vest – adapters for transportation</li><li><input type="checkbox"/> Special feeding/drinking equipment</li><li><input type="checkbox"/> Transfer Belt</li><li><input type="checkbox"/> Other special medical equipment</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li><li><input type="checkbox"/> .....</li></ul>
Seasonal/Outdoor Items	Additional Items
<p>Items such as:</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Winter blankets</li><li><input type="checkbox"/> Hats/Gloves</li><li><input type="checkbox"/> Sunscreen</li><li><input type="checkbox"/> Rain poncho</li><li><input type="checkbox"/> Umbrella</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> : .....</li><li><input type="checkbox"/> : .....</li><li><input type="checkbox"/> : .....</li><li><input type="checkbox"/> : .....</li></ul>

# INDIVIDUAL GO-KIT CHECKLIST



## Emergency Contacts

Name: \_\_\_\_\_

Relation to Individual: \_\_\_\_\_ Number: \_\_\_\_\_

Notes: \_\_\_\_\_

Name: \_\_\_\_\_

Relation to Individual: \_\_\_\_\_ Number: \_\_\_\_\_

Notes: \_\_\_\_\_

Name: \_\_\_\_\_

Relation to Individual: \_\_\_\_\_ Number: \_\_\_\_\_

Notes: \_\_\_\_\_

Name: \_\_\_\_\_

Relation to Individual: \_\_\_\_\_ Number: \_\_\_\_\_

Notes: \_\_\_\_\_



# ESSENTIAL QUESTIONS FOR INCLUSIVE PLANNING & PREPARATION



## Transportation and Mobility

- Have the building(s), campus, and any designated evacuation locations been assessed for accessibility by emergency response providers (i.e. fire, police, emergency medical services) with specific individuals and ISPs in mind?
- Are identified primary and secondary locations accessible to individuals with a mobility disability?
- Have individuals with mobility disabilities (including temporary disabilities such as a broken bone) and physical conditions that may impact mobility (such as pregnancy, asthma, etc.) been identified?
- What accommodations will be needed for individuals with a mobility disability, using a wheelchair, a walker, or crutches, etc., to enter and exit the building, access other areas in the facility and on campus?
- Are there any obstacles or trip hazards that make entering or exiting the building difficult?
- Are appropriate way-finding aids or guides installed to assist individuals with visual and/or auditory impairments in evacuating or moving to a safe location?
- What training and equipment is required to assist individuals with mobility or physical disability to a safe location? If debris or other obstructions block the path to safety?
- Do areas of refuge and lockdown locations allow room for individuals in wheelchairs? Service animals? With aides?
- What redundancy (back-up) measures are in place to ensure the security of individuals who may not be able to quickly move to a safe position during crisis?
- What transportation accommodations are needed to safely move individuals from one site to another? Or one location in the building to another?

Notes:

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# ESSENTIAL QUESTIONS FOR INCLUSIVE PLANNING & PREPARATION



## Emotional and Behavioral Health

- Do emergency plans consider the need for separate, quiet spaces for individuals experiencing difficulty, anxiety, or sensory overload?
- Are students, children, and staff who have reactions to certain sensory stimuli (i.e., noise, external confusion, uncomfortable proximity to others) accounted for in crisis plans?
- What measures are in place to protect those who react to sensory stimuli during an emergency?
- What types of support items and/or technology are required to comfort individuals with emotional and/or sensory challenges (e.g. comfort items, fidgets, headphones, etc.) during a crisis?
- Does the individual need emotional or behavioral supports during a crisis? Who will provide this support?
- Has preparation for individuals who may have adverse reactions to police/emergency responders taken place? Do plans include supports to enable positive interactions with police/responders during crisis?
- What plans and measures are in place to help individuals remain as quiet and calm as possible during a crisis? If it is not possible for individuals to remain quiet during a lockdown procedure, do emergency plans provide for a secure or separate location for students/children and staff?
- Does the individual need additional supports to comprehend and perform the necessary actions for each emergency protocol? Who will provide this support? What materials might be required to prompt or cue the individual to perform necessary actions?
- Have individuals with trauma histories, experience and/or PTSD been identified? What types of preparation are required to support these individuals during and after a crisis?
- Have staff members been assigned and trained to support individuals with sensory, emotional, and behavioral challenges during crisis?

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# ESSENTIAL QUESTIONS FOR INCLUSIVE PLANNING & PREPARATION



## Auxiliary Communication

- What measures will be implemented to ensure communication with all students/ children and staff?
- Have you identified students, staff, and members of the community (including parents or volunteers) who communicate other than verbally?
- Are there individuals who speak a language other than English and will require a translator? Pictorial instructions?
- Does your school/campus have personnel trained in sign language? How many? Is it enough for the size of your school/campus? What types of redundancy plans have been developed?
- Are there staff members who speak other languages, including sign language, that could be utilized to provide translation services to English Language Learners?
- Are there any technological devices required to alert or assist the deaf or hard of hearing in communicating during an emergency (e.g. visual alarms, notification devices, signage)? What redundancy measures are in place to ensure that an alert is received?
- What communication supports, equipment, or assistive technology are required to support individuals with communication and/or cognition support needs?
- Have relevant communication support materials, equipment and training been provided to staff who work with individuals?

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# ESSENTIAL QUESTIONS FOR INCLUSIVE PLANNING & PREPARATION



## Mental Health

- Is the medication individuals may require always with them, staff, or in the health office or administration office?
- Is there a plan to ensure an adequate supply of critical medication? Does the plan include secondary supply locations?
- If there are medications that have temperature requirements, is there a way to transport those medications to maintain the proper temperature? What equipment is needed to transport medications (lock box, rolling cooler, etc)?
- Do primary and secondary off-site or on-campus locations have refrigeration and adequate power supply (solar, generator, etc.) in the case of a power outage to control climate for medically fragile individuals? To regulate medication temperatures and power medical devices and equipment (wheelchairs, suctioning equipment, nebulizers, oxygen, etc.)?
- Who is trained and authorized to administer medication for the individual? Are there others who have been or should be cross-trained if the primary person responsible is unavailable?
- Who is trained to administer first aid and CPR?
- Do the plans provide staff training, including a review of procedures for transporting persons with a variety of assistance needs, as well as the transport of service animals?
- Have relevant medical equipment, materials and training been provided to aides and all other educators who work with the individual?

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# ESSENTIAL QUESTIONS FOR INCLUSIVE PLANNING & PREPARATION



## Security and Supervision

- Have individuals at risk of elopement/running away/hiding been considered as part of the emergency plans?
- Are plans in place for individuals who may elect to self-evacuate? Has a pre-designated gathering location been identified and shared with individuals, their parents, and their Individual Safety Planning Team?
- What plans and measures are in place to help individuals remain as quiet and calm as possible during a crisis?
- If it is not possible for individuals to remain quiet during a lockdown procedure, do emergency plans provide for a secure location for students/children and staff?
- Have staff members been assigned and trained to support individuals with sensory, emotional, cognitive and/or behavioral challenges during crisis?
- What types of support items and/or technology are required to comfort, calm, and help quiet individuals with sensory, cognitive, and/or behavioral challenges (e.g. comfort items, fidgets, headphones, etc.) during a crisis?
- What redundancy (back-up) measures are in place to ensure the security of individuals who may not be able to quickly move to a safe position during crisis?
- What accommodations or additional supports are needed to help ensure a room can be secured if a person has mobility or accessibility challenges (e.g. safe room, training to barricade a locked door using environmental resources, furniture, etc.)? See Classroom Door Security & Locking Hardware in Resource Toolbox.

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Safe and Sound Schools  
[www.safeandsoundschools.org](http://www.safeandsoundschools.org)